**Public Health Agency guidance for Healthy Lunches for your chidren**

**Are you packing a healthy lunch? (English and Irish translation)**

https://www.publichealth.hscni.net/publications/are-you-packing-healthy-lunch-english-and-irish-translation

**Healthy breaks for schools (English and Irish translation)**

https://www.publichealth.hscni.net/publications/healthy-breaks-schools-leaflet-english-and-irish-translation

**Healthy Choices – Choose wisely: advice for parents on nutrition and activity for primary school children**

https://www.publichealth.hscni.net/publications/healthy-choices-choose-wisely-advice-parents